

NABA

NUOVA ACCADEMIA
DI BELLE ARTI

SUMMER COURSES

A.A. 2025-26 SYLLABUS

Fashion Design –
for 15 to 18 years old
new*

1st session: June 30th – July 10th 2026

www.naba.it



Fashion Design - for 15 to 18 years old

School: Nuova Accademia di Belle Arti Rome (NABA)

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Course Structure: 45 hours – 9 lesson days

ECTS: 3 ECTS credits*

Introductory level

*ECTS credits are only awarded to university students or participants who are completing or have completed a university or academic study path

COURSE DESCRIPTION

This course introduces students to the basics of fashion, focusing on creative exploration, design techniques, and portfolio development. Students will learn to create mood boards, sketches, and develop a personal design portfolio. The course emphasizes the importance of teamwork and collaboration with people from diverse cultural backgrounds, helping students focus on the same project and create something meaningful together. Through this collaborative process, students will work on a design project for an Italian brand, developing a collective team mood board, and then moving on to individual portfolios. Under the teacher's guidance, students will go through every stage of the design process as if preparing a full collection, with a focus on practical techniques such as collage creation, hand drawings, coloring, and fabric manipulation if needed.

COURSE OBJECTIVES

- Understand the fundamental principles of fashion design.
- Learn to create mood boards and design sketches.
- Develop an individual fashion design portfolio, including a personal mood board.
- Work collaboratively on a team mood board project.
- Gain hands-on experience in fabric manipulation techniques.
- Enhance creativity and conceptual design skills.
- Understand the role of fashion design in a global context.

ADMISSION REQUIREMENTS

This course is intended for students who have no background in Fashion. In order to enroll in the course, students must be between 15 and 18 years old.



OUTPUT

- Have created a comprehensive personal fashion design portfolio.
- Have developed a team mood board project.
- Have completed design sketches and a personal mood board.
- Have gained practical experience in fabric manipulation.
- Have enhanced their understanding of the fashion design process.

LIST OF MATERIALS AND TOOLS

Each student must bring:

- 1 sketchbook (minimum size A5) and pencils for drawing;
- colored markers/pens for sketching;
- laptop or tablet (if applicable for digital work and for research if need it).

ATTENDANCE POLICY

Class attendance is required for successful completion of the course. Attendance will be taken every class period. On the last day of classes, instructors will issue a Certificate of successful attendance only to all students who completed at least 80% of the course.

COURSE POLICY

The Faculty of NABA takes Academic integrity seriously. Instances of academic dishonesty such as plagiarism won't be tolerated. Mobile phones will be kept switched off all the time during class. Use of laptop during classes for personal purposes is forbidden.

TEACHING METHODS

Learning by doing: a mix of theoretical lessons, field trips and practical workshops.



Grading

Total number of ECTS assigned for the successful completion of the course: **3 ECTS**

Grading Weights		Grading Scale
1. Attendance	30 %	Excellent = 90-100
2. Participation and Creative Process	40 %	Good = 80-89
3. Final work / Final presentation	30 %	Average = 70-79
		Below Average = 60-69
TOTAL	100 %	Poor = 59 or below

	Excellent 90 -100%	Good 80 – 89%	Average 70 – 79%	Below Average 60 – 69%	Poor Below 60%
Attendance (30%)	On time, perfect attendance	Seldom late: attended between 95% and 90 % of the course	Occasionally late: attended between 90 % and 85 % of the course	Occasionally late: attended between 85% and 80% of the course	Frequently late, attended less than 80% of the course: FAILED
Participation and Creative Process (40 %)	Demonstrates strong understanding of the topic & thorough, creative research	Shows good grasp of the topic & good research	Exhibits average comprehension of the topic & average research	Shows some awareness of the topic & below average awareness of research	Has shallow insight into the topic & poor grasp of research
Original Project (Final work/ Final presentation) (30%)	Exhibits exceptional analysis of concepts & production of original proposal	Exhibits exceptional analysis of concepts & production of original proposal	Exhibits average analysis of concepts & production of original proposal	Exhibits below average analysis of concepts & production of original proposal	Exhibits poor analysis of concepts & production of original proposal



1ST WEEK AND 2ND WEEK

COURSE SCHEDULE	
Day 1 - Tuesday	<p>Welcome and Registration</p> <p>Fashion Design – Introduction to Creative Processes Learn the fundamentals of fashion design and discover how ideas evolve from research to concept creation. Through moodboards, sketches, and visual experiments, students explore the key stages of developing a fashion collection. Total hours: 5 (3 theory, 2 practice)</p>
Day 2 - Wednesday	<p>Sartorial Moulage – Fundamentals of Garment Construction Experiment with draping and patternmaking techniques directly on the mannequin. This workshop focuses on proportions, volumes, and craftsmanship, connecting creative vision with material execution. Total hours: 5 (2 theory, 3 practice)</p>
Day 3 - Thursday	<p>Print and Dye – Fabric Customization Techniques Explore artisanal and experimental methods of textile printing and dyeing. Students will experiment with colours, patterns, and textures, transforming fabric surfaces into personal design expressions. Total hours: 5 (1.5 theory, 3.5 practice)</p>
Day 4 - Friday	<p>* Off-Campus Experience – Cultural and Industry Insights A day of exploration through the city of Rome, visiting leading fashion and cultural institutions such as the Valentino Garavani and Giancarlo Giammetti Foundation, the Boncompagni Ludovisi Costume Museum, and the Museo delle Civiltà. Total hours: 5 (experiential)</p>
Day 5 - Monday	<p>Editorial Styling – From Image to Visual Storytelling Discover how fashion communicates through images. Students will learn the principles of visual composition, concept development, and fashion storytelling, culminating in a personal styling project and photo composition. Total hours: 5 (3 theory, 2 practice)</p>



Day 6 - Tuesday	<p>Fashion Magazine – Editorial Communication in Fashion Understand the process behind creating a fashion editorial project, from concept and content curation to visual identity. Students will design a small editorial layout combining text and imagery in a coherent narrative. Total hours: 5 (2.5 theory, 2.5 practice)</p>
Day 7 - Wednesday	<p>* Off-Campus Experience – Cultural and Industry Insights A day of exploration through the city of Rome, visiting leading fashion and cultural institutions such as the Valentino Garavani and Giancarlo Giammetti Foundation, the Boncompagni Ludovisi Costume Museum, and the Museo delle Civiltà. Total hours: 5 (experiential)</p>
Day 8 - Thursday	<p>Fashion Strategy – Brand Identity and Communication An introduction to the fashion system and its key dynamics: brand identity, positioning, and visual strategy. Through group work and case studies, students explore how creativity meets market-oriented thinking. Total hours: 5 (4 theory, 1 practice)</p>
Day 9 - Friday	<p>Project Presentation & Closing Session Students present their final projects to faculty and peers, reflecting on their creative process and achievements throughout the programme. Total hours: 5</p>

*The school reserves the right to:

- amend or cancel courses, change course location or substitute course leaders, professors, guests, visit's location.
- make any changes that in our absolute discretion we consider necessary or appropriate for reasons of operational efficiency or due to any other circumstances that are beyond our control.